

Care & Connect



Short courses in horse care with life skills

Care and Connect at Thurleigh Equestrian Centre provides a series of six-week courses blending hands-on horse care with valuable life-skill development.

This programme is a series of 6-week horse care sessions that blend hands-on horse care with core life skills—building confidence, communication and teamwork and strengthening emotional regulation, leading to a **nationally recognised ABRS Equestrian Care Award**. Participants also benefit from positive social experiences, form connections and a sense of belonging within a supportive, like-minded, peer community.

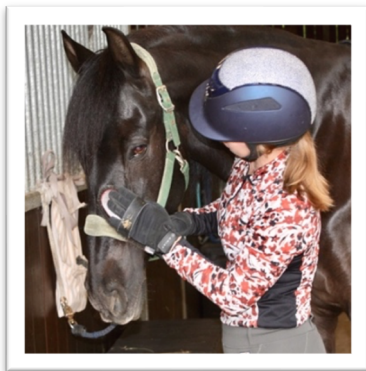
Our **small-group sessions** of 4 to 6 participants run over a **six-week block**. Sessions are practical and engaging, with theory woven in informally through the hands-on work with our horses. These courses **are not designed as specialist SEN provision**.

These courses are open to young people **aged 12 to 18 years old**.

The **ABRS Award logbook** is completed as you progress through the programme and a **certificate of achievement** is also issued after every 6 week block - perfect for building your ABRS portfolio and celebrating progress and success.



- Highly qualified teaching staff – DBS checked.
- Excellent indoor and outdoor facilities and range of horses & miniature horses.



HOW IT WORKS

These sessions run over a **six- week, half- termly block** for **2.5hrs a week on a Tuesday from 12.30-3.00pm or on a Saturday from 10.30-1.00pm**. They are usually delivered in small group courses of between 4 and 6 participants. There is also the option of one-to-one provision if required. We offer three levels:

Entry Level - targeted at those with no prior equine knowledge.

Level 1 –for participants who have some experience with horses or ponies and feel confident around them. Whilst session topics are often the similar, the depth of knowledge and level of understanding are increased.

Level 2 - Aimed at those attending with previously established equine knowledge. Sessions include more theory alongside practical learning and may also feature additional ‘stretch’ activities or worksheets.

These courses combine the ARBS Equestrian Care Award with life skills development. Each 6 week course covered a different range of horse care and personal development skills. You can attend just one 6 week block or study with us for a term or academic year, whatever suits.

Horse Care Knowledge and Skills

- Horse behaviour
- Anatomy
- Handling and leading
- Mucking out and skipping out
- Fitting of tack and equipment
- Rugging
- Grooming

Life Skills

- Communication
- Responsibility
- Use of initiative
- Self -belief
- Self-awareness
- Teamwork
- Self-confidence
- Resilience

6 week block course fee: £ 240.00.

Please contact us for enrolment dates or to arrange a visit.

This course can be funded by individuals, through a school setting or you may be eligible for EOTAS funding through your Local Education Authority.

“The staff have been so encouraging and supportive of my child which has made it so much easier for them to access education. Their development over the last year has been mind-blowing as they’ve gained confidence and learned skills that they need to succeed. Having a provision where there is a bespoke learning pathways to suit them, providing gentle challenges to stretch them without overwhelming them has been such a blessing for us. It really is a unique and incredible opportunity and we’re so grateful to have find the right environment for them”



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